



# Spotlight: High Five

Peer recognition is one of the most powerful practices for high performing teams. High Fives allow team members to show each other appreciation for big accomplishments as well as small wins.

## Research-Backed Pro Tip:

When you send a High Five, share a bit about the impact a co-worker had on you, or how they made a difference in your workday or your life.

Rita O. to John M.

today.

## 3 ways to give a High Five

## 1. Send a High Five with your 15Five Check-in

Give a High Five from the last section of your current 15Five. Once your report is submitted, your teammate will be notified and your High Five will be posted on the public High Five Dashboard for the whole company to see.

# Victoria B. to Stella J. @stellajones It was great grabbing virtual coffee with you! I enjoyed our lively conversation and getting to know each other better.

**High Fives** 

@johnmulaney thank you for providing some very necessary comic relief earlier

#### TIP:

Private High Fives are also available, but only when sent directly from within your 15Five check-in. Research shows that effective recognition needs to be customized to the preferences of the receiver (e.g. some people prefer private recognition). After you've written an amazing High Five, you'll have the option to send it privately or publicly according to the receiver's preference.

## 2. Send a High Five in real time (anytime)

The High Five Dashboard let's you send a High Five now, not just when you submit your 15Five. Recognition sent through the dashboard will trigger an immediate email to the recipient(s) and post to the High Five Feed.

#### TIP:

All High Fives given from this dashboard are Public.



### 3. High Five from Slack

You can now give a High Five from Slack. Click on any channel and type the command: /highfive

#### TIP:

Please contact your company 15Five admin if this option is not available for you. Learn how to give quality High Five's by reading this guide.

## Are you an executive or team leader?

Few things feel as satisfying for your team than being recognized by YOU! Have a look at all activity in the High Five Feed and 'like' or 'comment' on these appreciations. Research shows when you comment on your team members' High Fives, ask follow up questions, or @mention (loop in) others into the conversation, it strengthens your relationships and builds a culture of appreciation.

For more on the research behind the High Fives feature, go here.

